



5K Run/Walk



"Spirit of Community"

Memorial Day

Monday, May 31, 2004

Benefiting

"The SMSgt. Rocco Oliveto Memorial Scholarship Fund"



Starting at the Hampton West Park, Westhampton
(at the end of Stewart Avenue)

Finishing at the Hampton West Park, Westhampton

Check in: 8:00-8:45 am

Race Starts: 9:00 am

Entry Fee: \$20.00 before 5/17/04 \$25.00 after 5/17/04



T-shirts guaranteed only to the first 200 pre-registered participants.
No refund, exchanges, or transfers.

**For details call (631) 288-4032 or for application visit our website at
www.eastendcommunity.com/SpiritofCommunity5K.htm**

Spirit of Community 5K Race

Print, make checks payable to Hampton West Estates & mail to: PO Box 1102, Westhampton Beach, NY 11978

Circle T-shirt size: M L XL _____ Runner _____ Walker

Name: _____ Male Female Age Race Day: _____

Address: _____ City: _____ Zip: _____

Phone: _____ State: _____ E-mail: _____

Waiver: I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event including, but not limited to falls, contact with other participants, the effects of the weather, including high heat and/or humidity, dehydration, traffic and conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Hampton West Estates Residents' Association, Coast Guard Chief Petty Officers' Association Long Island Chapter, all sponsors, race directors, their agents, servants and volunteers, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event.

Signature _____ (if under 18, signature of parent or legal guardian)